

## Best Year Yet® Programs

-  Individual Coaching
-  Small Group Coaching

### What is Best Year Yet®?

Best Year Yet® is a proven system for helping people, businesses and organizations create the results they want and need. For nearly 3 decades Best Year Yet® has been honed in until it's nearly foolproof! Over a million people all over the world have used Best Year Yet® to get results in business and in life. What Best Year Yet® practitioners have in common is the desire to improve their current results, whether in the workplace or in their personal lives, and a commitment to take themselves and their teams to their goals.

Best Year Yet® is not just about transforming life and achieving goals; it is about living life at a higher purpose and energy.

The Best Year Yet® system is based on 10 questions rather than steps or habits or telling you what you should do, resulting in producing a one-page plan, tracking the plan and using audio and other rich set of support resources.

### Best Year Yet® Methodology

The proven Best Year Yet® system is a powerful, transformational, goal-oriented program based on 10 simple questions. Individuals will learn how to master the science and the art of achieving their goals and producing life changing results as they:

-  Decide what's most important for their success
-  Set transformational goals
-  Make big things happen in the coming 12 months
-  Live their values to have the life they want
-  Deliver a breakthrough in one area of their lives
-  Produce the results that matter most
-  Invite others to join the Best Year Yet® community of results producers

## The 3 Parts of the Best Year Yet® Goal Setting and Goal Achieving System

### 1 Breakthrough

Why settle for just goal-setting when individuals can create an actual breakthrough in their life and business? Many people overwhelm themselves with too many goals, goals that do not lead to results in the most important areas of their lives, or goals that are actually distractions. Negative paradigms and long-held habits contribute to the roadblocks that can keep them going in circles, preventing real change.

The Best Year Yet® system is precisely geared toward overcoming these barriers, finding what really matters to individuals, and inspiring them to create the results they want. The Best Year Yet® simple 10 question workshop uses the individuals' own wisdom, values and insight - making their plan meaningful as well as focused on their most important goals.

### 2 Follow-Through

The Best Year Yet® system has made it easy for individuals to follow through on their plan with the Best Year Yet® tracking and scoring software called Producing Results Online® (PRO®). The software has what they need to stay on top of their work, providing instant feedback and visuals to help them monitor their progress in all areas.

In addition, the Best Year Yet® Program provides a host of resources to help the individuals along the way, including the Certified Best Year Yet® Coach, webcasts, books, audio lessons and more to help Best Year Yet® practitioners keep focused, stay accountable, and create the results they want.

### 3 Mastery

Once Best Year Yet® practitioners experience the results they achieve through the Best Year Yet® system, the next step is moving into mastery.

Practice is the key to creating true transformation and sustaining it, growing it and creating their best year yet, year after year. Using the resources provided by the Program, their own experience in success from their plan and their new goals, they can become true masters at producing results.

### Program Outcome

-  Complete a one-page plan for what they want to achieve in the next 12 months
-  Track their plan on the Best Year Yet® online state-of-the-art performance management tool
-  Receive expert and insightful coaching each month to ensure mastery in the art of producing results

### Program Flow

-  Best Year Yet® Breakthrough Workshop to create an Annual Plan, Month #1 Plan and populate the online tool
-  Best Year Yet® Follow-Through Workshops (monthly) for 12 months
-  Ongoing updating and review of the online tool
-  Periodic communication between Participant and Coach between Workshops
-  Periodic reading and audio-playback

### Trainer, Facilitator & Coach



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### Service Provider

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